APPENDIX B
PER DIEM ALLOWANCES *

Effective 1 April 2023

Allowance for individual non-commercial accommodations ....................... $50.00
Breakfast ............................................................................................................. $23.60
Lunch ............................................................................................................... $23.90
Dinner ............................................................................................................... $58.60
Total meal allowance ....................................................................................... $106.10
Incidental expenses ........................................................................................ $17.30
Total per diem allowance (meals and incidentals) …............................... $123.40

These rates include taxes and are subject to change from time to time.
* In CAD dollars for travel in Canada and USD dollars for travel in the United States.

The Foundation generally observes the guidelines of the Government of Canada's National Joint Council to
determine the daily allowances in other countries www.njc-cnm.gc.ca.